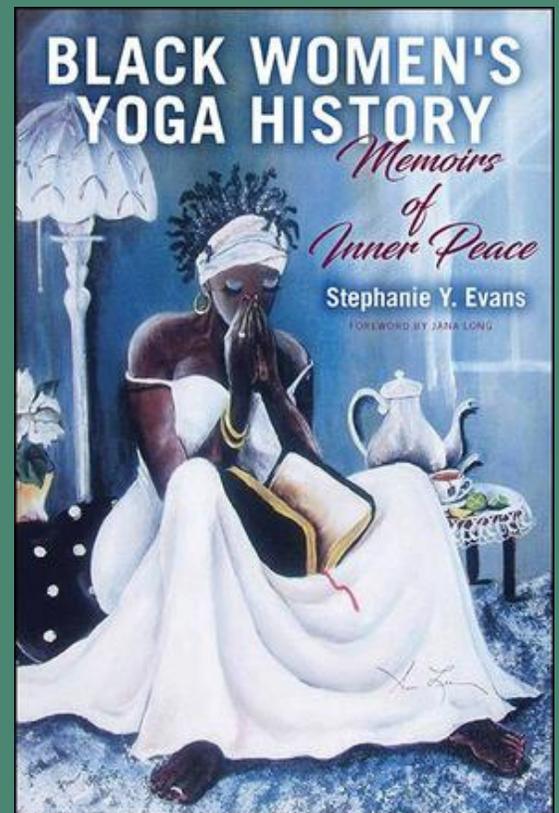


# Black Women's Wellness in Practice: Talk and Tea with Dr. Stephanie Evans

MONDAY, FEB. 19TH | 12:00 PM - 1:30 PM  
ADINKRA HALL, 4TH FLOOR MEMORIAL HALL

This informal gathering offers space for conversation, refreshments, and wellness practices in fellowship with **Dr. Stephanie Evans** (Professor, Georgia State University), author of *Black Women's Yoga History: Memoirs of Inner Peace*. In her book, Dr. Evans explains how memoirs offer lessons for those who are struggling today to heal from personal, cultural, and structural violence. Thanks to our supporters, we are excited to offer FREE books to the first 25 student or community member attendees! Questions? Contact Dr. Carolyn Medine | [medine@uga.edu](mailto:medine@uga.edu)



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